

Larne Town and Country Walks Datasheet

Walk name	Grade	Type	Distance (miles)	Estimated time (incl. rests)	Description	Description for wheelchairs	Dogs
1. Antrim Hills Way (which is also part of the province-wide Ulster Way, 625 miles)	Strenuous	Linear OR	22	The whole walk could take 12 hours including rests. A 7 mile section could take up to 4 hours. Terrain varies.	This is a Waymarked Way (this means it is marked with posts along the way) between Glenarm village and Slemish Mountain. It is possible to do short sections - each about 7 miles long, starting on a public road. It goes across private farmland where cattle or sheep will be grazing. The high ground (400m) means that the hills can be shrouded in mist. The terrain is very uneven and can also be marshy. Each section has about 10 stiles to climb over. A brochure with more	Not suitable – too hilly and rough with stiles to get over.	Dogs are not permitted under any circumstances.

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					information and photographs is available from Larne TIC.		
2. Carnfunnock Country Park, Antrim Coast Road	All	All types	1-4	Allow 2 hours to do all walks.	There are several sign-posted walks throughout the park, some hilly and some easy. A booklet is available from the TIC. The park is 4 miles north of Larne town, on the coast. See the page for the Park on this website for full information.	The flatter paths are ok for wheelchairs. Easy access from car park to walled garden.	Operates the 'traffic light' system. Signs in place. Red – no dogs Amber – on a lead Green – under the control of the dog walker.
3. Cranny Falls, Carnlough	Easy	Linear CR	3 (there and back)	1 hour 15 mins	This is a gentle uphill walk, starting beside Carnlough Harbour and giving great views of Carnlough Bay at the highest point inland. Seats are located along the way. There is a viewing platform at the waterfall.	Ok to start from further inland at Glenlough car park which is accessible off Croft Road. Stoney surface. Gates.	On a lead

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4. Glenarm Coastal Walk, Glenarm	Easy	Linear OR	0.5	10 mins	This flat, 500m coastal walk is located one mile south of Glenarm village. There is a car park at both ends. There are a few short tracks leading from it allowing access onto the pebbly shoreline.	Stoney surface but fairly level.	Under the control of the dog walker.
5. Glenarm Forest	Easy	Circular	1-3	1 hour 15 mins	The entrance to the forest is in the village of Glenarm at Almore Street. The walks are within the forest following the forest roads. The forest is managed by Forest Service.	Stoney surface.	On a lead
6. Glenoe Waterfall, Gleno Village	Moderate	Circular and linear	0.5	20 mins	This site is the property of the National Trust. It is a maze of paths and steps within a sheltered gorge connected to 2 car parks. Though the walk is short, the steps can make it a challenging experience. The damp environment	Not suitable - too many steps.	On a lead

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					means that the steps can be slippery so please use handrails.		
7. Highway to Health Walk 1, Larne town	Easy	Circular	2.5	1 hour	This walk starts at Larne Leisure Centre, goes along the Promenade onto Coast Road, Glenarm Road, Curran Road, Bay Road and back to the start on the Chaine Memorial Road.	The Promenade is mostly flat except for a short, steep section close to the Coast Road. Cars are likely to be parked on the footway on the main roads.	On a lead
8. Highway to Health Walk 2, Larne to Carnfunnock	Easy	Linear OR	3.3	1 hour 30 mins	This is a signed coastal walk along Larne Promenade and on the footway beside the Antrim Coast Road to Carnfunnock Country Park.	The Promenade is mostly flat except for a short, steep section close to the Coast Road. Cars are likely to be parked on the footway on the main	On a lead

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						roads.	
9. Inver river, Larne town	Easy	Linear OR	1	20 mins	This is an off-road riverside walk with seats and sculptures. It runs parallel to, but separate from, the A8 with one end at Bridge Street in the town and the other close to Antiville roundabout.	Mostly level or gentle slopes with rest places. However at the Antiville end there is a short steep slope.	On a lead
10. Layde Walk, Glenarm	Moderate	Circular	1.5	40 mins	This walk takes you along the historic streets of the village of Glenarm and steeply up into the village heights with a beautiful view over the Bay.	Part of narrow street is 17% steepness. There is also a large step to negotiate to a stoney surface at the top.	On a lead
11. Linn Glen	Easy	Circular	2	40 mins	This is beside the Linn Road close to a petrol station, shop and Post Office. It is below the level of the road in a valley with a small stream running through.	Tarmaced and level or gently sloping surfaces.	On a lead
12.	Easy	Linear	1 (there	20 mins	This site is jointly owned	The walk is	Under the

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Portmuck North Walk, Islandmagee		CR	3 (there and back)		by Larne Borough Council and the National Trust. It is located on the north-east tip of Islandmagee. The walk over grass is to the left of the car park.	over grass and is on a slope. Car park has disabled spaces.	control of the dog walker.
13. Portmuck South Walk, Islandmagee	Moderate	Linear CR	3 (there and back)	1 hour 15 mins.	This site is the property of the National Trust. It is located on the north-east tip of Islandmagee. The steps to the right of the car park take you around the headland to a better view of the Isle of Muck. Most of this walk is over rocks and rough ground. There are excellent views of the coast in all directions. The Isle of Muck is a Nature Reserve managed by the Ulster Wildlife Trust and access is only allowed with a permit. It is also very dangerous to get across because of	The car park has disabled spaces but the walk is unsuitable for wheelchairs as most of the surface is rocks and steps.	Under the control of the dog walker.

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					tidal forces.		
14. Skernaghan Point, Islandmagee	Strenuous	Linear CR	2 (there and back)	1 hour	This site is the property of the National Trust. It is beside Browns Bay on the northern tip of Islandmagee. The walk around the shore is uneven and on a slope and can be muddy in places. However, there are pleasant views of the coastline and of the P&O ferries going to and from Scotland. Toilets and one small shop (open part-time) are located at Brown's Bay.	Unsuitable – steep, very uneven and rocky.	On a lead
15. Larne to Brown's Bay on Islandmagee	Easy	Linear OR	1	25 mins including ferry journey time of 5 mins.	A small passenger ferry (takes only 12 people) at Larne Harbour can be an interesting way to get to Brown's Bay instead of going by road. Look for signs at Larne Harbour entrance. There is a small fee. Phone (028) 2827 3785 to book as it is not always	Ask ferry operator. Ferry journey may be possible if wheelchair is foldable and person has some mobility and some	On a lead

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					available. The ferry arrives at a small harbour at Ballylumford. From there walk for one mile on the footway beside the road to get to Brown's Bay. Toilets and one small shop (open part-time) are located at Brown's Bay.	assistance is given. There is a footway beside the road which has kerbs.	
16 Larne Promenade	Easy	Linear OR	0.75 mile	15 mins	This is a flat traffic-free walk beside the sea and is lit at night.		
17 The Gobbins	x	x	x	x	This walk is owned by the National Trust. It is currently not suitable for walking. The Council is working with the National Trust and other bodies to investigate the possibility of upgrading it.	x	x

PARKS IN LARNE BOROUGH COUNCIL AREA

Name of park	Location	Description
Dixon Park	In the residential town centre close to Edward Ave, Thorndale Ave, Ronald St and Bryan St.	This small park is currently undergoing major re-planning works and will not be accessible until summer 2010.
Curran Park	Beside Curran Road, Larne town	This is a small park with paths, green spaces and a children's play park. There are also two interesting sculptures about emigration.
Chaine Park and Town Park	Beside Glenarm Road and Coast Road	These two parks are beside each other becoming, essentially, one park and the whole area is the next biggest parkland area in the borough after Carnfunnock Country Park. They are located on a height right beside the sea with paths and steps leading down to the Promenade at sea level. There are great vantage points for pastimes such as painting, ship-spotting and whale and dolphin watching, (with the help of binoculars of course). There are wide grassy spaces and a toilet block. The two rocky islands called The Maidens can be seen looking towards the horizon and beyond that Scotland is visible on a good day. The Promenade at sea level is accessible from the Leisure Centre at Tower Road and from the path that leads from the Coast Road.